Thunderbird (Mac OS) から Gmail への移行手順書 (メール編)

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1. 環境確認

2. 目的

Thunderbird 内のメールデータを Gmail へ保存する。

3. 必要な物

Thunderbird を使用している Macintosh メーラーとして使用中の Thunderbird 移行先 Gmail のアカウント Google Email Uploader (Gmail へ Thunderbird 内のメールをアップ ロードするツール)

4. データ移行の流れ



5. 移行準備

5-1. Google Email Uploader のダウンロード

※前提として、Thunderbirdを使用中とします。

以下のサイトから、Google Email Uploader をダウンロードします。



[GoogleEmailUploader-1.2.zip]をクリックします。



[GoogleEmailUploader-1.2.zip]をクリックしファイルを保存します。

5-2. メールのアップロード

ダウンロードした[GoogleEmailUploader-1.2.zip]を展開し、

[GoogleEmailUploader]を実行、メールをアップロードします。

"Google Email Uploader ネットからダウンロードさ か?	"は、アプリケーション nました。開いてもよ?	で、インタ ちしいです
このファイルは 今日の 10:24	に code.google.com から	Safari でダウ
ンロードされました。		

[GoogleEmailUploader]を開いても良いか聞かれるので[開く]をクリックします。

※アプリケーションを実行する際、Thunderbird が起動しているとアプリケーションを 起動出来ませんので、必ず Thunderbird を終了させてから実行して下さい。

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[Assign additional label]は任意の名称に変更しても構いません。Gmailのラベルにこ こで指定したラベル名が設定されます。

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アップロードしたら Gmail を確認し、メールがアップロードされていれば完了と します。

5-3. トラブルシューティング

メールのアップロード時にエラーが出た場合

メールの中に実行ファイルが添付されていた場合発生します。 添付ファイルを圧縮する等して、ファイル形式の変更をお願いします。 また、ウィルスに感染したメールがあった場合も Gmail へのアップロード時に エラーが発生します。